



**Policy:** EFJ  
**Subject:** Nutrition Policy

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**Policy:**

The Red River Valley School Division Board of Trustees encourages environments which promote healthy food choices, both in the food available at school and through educational programs.

**Protocol:**

The Board expects schools, in consultation with parents, staff and students, to ensure that students receive nutrition messages that are consistent, reinforced throughout the school environment and are reflective of local community need.

**Procedures:**

This policy is not intended to cover:

- Those foods provided by a student or by a parent or guardian for consumption on school grounds.
- Foods provided by a local restaurant to be sold or distributed in a school if the product is not available in the school on a daily basis and the principal is satisfied that the sale or distribution of the product is not inconsistent with the school's nutrition policy.

The school nutrition policy may include one or more of the following:

- Student Access to Food
- Pricing
- Promotion
- Time to Eat
- Student Choice
- Special Functions
- Fundraising
- Food Safety
- Nutrition Education

Additionally, as per The Public Schools Amendment Act (Trans Fats and Nutrition), there shall be no artificial trans fats contained in:

- Any vegetable oils and soft, spreadable margarines used in the preparation of foods on site in the school.
- Any prepackaged product sold in the school; or
- Any other food product that the school is responsible for selling or distributing to students.